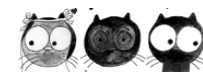


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GARDENING PROJECT 10.30am - 12.30pm Opposite Hocking Halls	PILATES with Emily 9.30am-10.30am Lower Hocking Hall	CHILDMINDERS' DROP IN £1 9.00am-12.00pm Early Years Hub	PILATES with Emily 9.30am-10.30am Lower Hocking Hall	MINDFUL YOGA with Belinda (term time only) 9.45am - 10.45am Upper Hocking Hall	ZUMBA with Jo 9.30am - 10.15am Lower Hocking Hall
SOCIAL CLUB FOR MEN OVER 55 11am-1pm Hocking Hall	OVER 60'S LUNCH CLUB 11.00am-2.00pm + Every fortnight FREE manicure with Pang Lounge	HALF HOUR YOGA TONIC with Belinda (term time only) 9.30am - 10.00am Upper Hocking Hall	CHILDMINDERS' DROP IN £1 9.00am-12.00pm Early Years Hub	OVER 60'S LUNCH CLUB 11.00am - 2.00pm + Art drop-in FREE + Sing-along session on the last Friday of the month 1.15pm - 2.15pm FREE Lounge	DYNAMIC FLOW YOGA with Emma Beginner's: 10.00am - 11.00am Open Level: 11.15am - 12.30pm Upper Hocking Hall
OVER 60'S LUNCH CLUB 11.00am-2.00pm Lounge		ZIP ZAP MUSIC & DRAMA CLASS 9.30am-12.00pm £8 per child - concs available Lower Hocking Hall	OVER 60'S LUNCH CLUB 11.00am-2.00pm Lounge		TAI CHI FOR CHILDREN 11.30am-12.30pm Lower Hocking Hall
BALLROOM DANCE 2.00pm-4.00pm £3.00 Upper Hocking Hall	KEEP FIT - BODY CONDITIONING 2.00pm-3.00pm Upper Hocking Hall	OVER 60'S LUNCH CLUB 11.00am-2.00pm + Chair based Exercise Class with Tina 12.20pm-1.00pm FREE	STAY AND PLAY (for under 5s) 1.00pm-3.30pm / £1.00 Early Years Hub	FUN WITH SPORTS women's only session 10.45am-12.45pm Lower Hocking Hall FREE	
WHITTINGTON PIANO CLUB (term time only) 3.00pm - 6.00pm Lounge	WHITTINGTON PIANO CLUB (term time only) 3.00pm - 6.00pm Lounge		YERBURY AFTER SCHOOL CLUB (term time only) 3.45pm-6.00pm Lower Hocking Hall	YERBURY AFTER SCHOOL CLUB (term time only) 3.45pm-6.00pm Lower Hocking Hall	
YERBURY AFTER SCHOOL CLUB (term time only) 3.45pm-6.00pm Lower Hocking Hall	YERBURY AFTER SCHOOL CLUB (term time only) 3.45pm-6.00pm Lower Hocking Hall	PILATES with Steve 12.30pm-1.30pm Lower Hocking Hall			SUNDAY
WU'S TAI CHI CHUAN ACADEMY 6.30pm-9.30pm Lower Hocking Hall	CHAIR BASED TAI CHI Starting Feb 20th 1.30pm-2.30pm Lower Hocking Hall	STAY AND PLAY (for under 5s) 1.00pm-3.30pm / £1.00 Early Years Hub			ODISSI - INDIAN DANCE CLASS FOR CHILDREN (term time only) 2.15pm-3pm Lower Hocking Hall
THE YUKES UKULELE GROUP 7.30pm-10pm Lounge	GONG BATH 20th March 7.00pm-8.15pm Lounge	ARGENTINE TANGO 2.00pm-4.00pm £3.00 Upper Hocking Hall			
YOGA SOUND BATH SPRING EQUINOX 19th March 8.00pm-9.30pm Upper Hocking Hall		WHITTINGTON PIANO CLUB (term time only) 3.00pm - 6.00pm Lounge			
		YERBURY AFTER SCHOOL CLUB (term time only) 3.45pm-6.00pm Lower Hocking Hall			
		WU'S TAI CHI CHUAN ACADEMY 6.30pm-9.30pm Lower Hocking Hall			



WHITTINGTON PARK CAFE

Opening Times:
Monday to Friday
9.00am - 5.00pm
Saturday
10.00am - 3.00pm
Sunday: **CLOSED**

Please contact Sandra,
cafe manager, for information
about catering for parties
07852 984 687